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| Luv N' Light  Studio  512 N. Division St  Carson City, NV 89703 | July 2018  Class Schedule |

\*Classes are subject to change. Contact the instructors for class information and pricing.

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| --- | --- | --- | --- | --- | --- | --- |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| *1* | *2*  *5:30-6:30*  *Vinyasa Flow*  *w/ Meghan* | *3*  *7-8pm*  *Candlelit Yin Yoga w/ Allie* | 4 | 5 | 6 | 7 |
| 8 | 9  *5:30-6:30*  *Vinyasa Flow*  *w/ Meghan* | 10  *7-8pm*  *Candlelit Yin Yoga w/ Allie* | 11 | 12 | 13 | 14 |
| 15 | 16  *5:30-6:30*  *Vinyasa Flow*  *w/ Meghan* | 17  *7-8pm*  *Candlelit Yin Yoga w/ Allie* | 18 | 19 | 20 | 21 |
| 22 | 23  *5:30-6:30*  *Vinyasa Flow*  *w/ Meghan* | 24  *7-8pm*  *Candlelit Yin Yoga w/ Allie* | 25 | 26 | 27 | 28 |
| 29 | 30  *5:30-6:30*  *Vinyasa Flow*  *w/ Meghan* | 31  *7-8pm*  *Candlelit Yin Yoga w/ Allie* |  |  |  |  |

\*Visit goodelephant.co for information regarding the Candlelit Yin and the Vinyasa Flow classes.